



# Are you parent or carer of a child with Special Educational Needs (SEN) and disabilities?

Our website provided up-to-date, reliable and helpful information for families who have children, aged 0-25, with disabilities and additional needs.

## What can I find at [www.yor-ok.org.uk/families](http://www.yor-ok.org.uk/families)?

Health

My Support Plans

Childcare

Education, Health and Care Plans

Education from starting school to secondary education and beyond



Parent support groups

Fun things to do



Sign up to receive the myFIS+ newsletter for information on services, offers and activities in York and get a **free Max card**. This gives free or discounted entry into many UK attractions! [www.yor-ok.org.uk/myfis](http://www.yor-ok.org.uk/myfis)



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