



Course information from Family Matters York

The following courses are starting March and April 2019:

Time Out for Parents - the Early Years at The Avenues Children's Centre on Monday afternoons 11, 18, 25 March 1, 8 April from 12.45 to 2.45pm. .

Time Out for Parents - the Primary Years at Tang Hall School on Friday afternoons 8, 15, 22, 29 March 5 April from 12.45 to 2.45pm.

Time Out for Parents - the Primary Years at Archbishop of York's CE Junior School on Monday evenings 11, 18, 25 March 1, 8 April from 7 to 9pm.

Time Out for Parents – the Teenage Years at Cornerstone at St. George's in Osbaldwick on Thursday afternoons 7, 14, 21, 28 March 4 April from 12.45 to 2.45.

Time Out for Parents - Children with Additional Needs at Hob Moor Children's Centre on Friday mornings 15, 22, 29 March 5, 12 April from 9.30 to 11.30am.