

WHEN TO CALL INTO HOB MOOR CHILDREN'S CENTRE



For more information on any activity please see overleaf or contact us on 01904 554444

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>Register your Baby 9am – 4pm appointment only call 01904 654477 to make an appointment</p> <p>Early Years Support Group 10am-11.30am For pre-school children who have additional needs call 01904 555085</p> <p>Healthy Child Clinic Drop-in 1.00-2.00pm</p> <p>Foxwood Drop In Foxwood Community Centre Every Monday term time, except bank holidays 9.45-11.45 £1 per family, £2 for childminders with 3+ children</p>	<p>Citizens Advice Bureau Sessions Held at Westfield Children's Centre Tuesday and Friday Appointment Only Call 01904 683908</p> <p>Russian Playgroup 2nd Tuesday of each month 9.30 – 11.30</p> <p>Family Learning Courses</p> <p>Contact Julia Watola on 07785 996895</p>	<p>Acomb Babies At Gateway Centre Front Street Acomb</p> <p>Weekly 1pm – 2.30pm £1.00 donation</p>	<p>Foxwood Drop In Foxwood Community Centre every Thursday term time, except bank holidays 9.45-11.45 £1 per family, £2 for childminders with 3+ children</p> <p>Childminders Group 9.30am – 11am</p> <p>Healthy Child Clinic Drop-in 9.30am – 11 am</p> <p>Nurture Breastfeeding Drop in 1.00pm-2.30pm</p> <p>Tiny Talk Baby sign and song group booking is essential www.tinytalk.co.uk</p>	<p>Time and Space in Pregnancy 1.30pm – 2.45pm Invite Only</p> <p>Home Birth Support Group Invite Only Contact your midwife for more information</p>

SESSION	DESCRIPTION
Register your baby	You are able to register the birth of your baby at Hob Moor Children's Centre. To make an appointment for Hob Moor please call the Registrars office on 01904 654477
Family Learning Courses	Courses for parents and carers to update their skills. Childcare is available with some courses. Contact Julia Watola on 07785 996895 for more information and a list of courses.
Tiny Talk	Baby sign, singing, rhymes and sensory play for families and carers with children aged birth – 2 years. Charges apply to this group. Booking is essential. www.tinytalk.co.uk
Childminders Group	A group for all childminders and nannies to come and share positive working practices and provide peer support.
Time and Space	Invite/Referral by your Midwife to come along and meet other parents in an informal and relaxed environment.
Home Birth Support Group	Invite/Referral by your Midwife for families who are planning a home birth.
Early Years Support Group	A group for pre-school children who have additional needs and their parents/carers. For more information contact Karen Taylor on 01904 555085.
Citizens Advice Sessions	Citizens Advice Bureau – free advice sessions re housing, finances etc. Please phone 01904 683908 or email ffp@yorkcab.org.uk to book an appointment.
Russian Playgroup	Play group for Russian families for children under 5 (2nd Tuesday of each month)
Self Weigh	You are welcome to call in to weigh your baby/toddler on our scales. Monday to Friday 8.30am – 4.30pm Instructions and a weight conversion chart are available in the room.
Acomb Babies	Held at Gateway Centre A weekly group for Mums, Dads and carers of babies up to crawling age. £1 donation
Foxwood Drop In	Held at Foxwood Community Centre A group for families and carers with children aged 5 and under. £1 per family, £2 for childminders with 3+ children.
Healthy Child Clinic	Drop-in clinic 9.30-11.00am every Thursday – come along and speak to a member of the Healthy Child Team

The House, Hob Moor Children's Centre, Green Lane, York, YO24 4PS

Our pedestrian entrance is on the same site as Hob Moor School.

Parking is available and there are disabled spaces for blue badge holders. We are on the First York bus route 4.

01904 554444 * fis@york.gov.uk * www.yorkchildrenscentres.org.uk We're also on Facebook search "YorkChildrensCentres" and click "Like"