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ANNEX A
York Health and
Wellbeing Board

Health and Wellbeing Board

3 December 2014

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Report of the Cabinet Member for Education, Children and Young People and the Director of Children's Services, Education and Skills.

YorOK Children's Trust Board: Report to the Health & Wellbeing Board, 3 December 2014

Summary

This report provides a high level overview of the arrangements, progress and impact of the collaborative work of the YorOK Board, and notes priorities for the year ahead.

More specifically, the Health and Wellbeing Board is asked to note the following key achievements and challenges, and to take a lead on / commission specific and cross cutting work strands.

Key achievements and challenges to note are:

1. A reduction in the number of Looked After Children, the number stabilising as at the end of June 2014 at 222;
2. The steadily and safely reduction of children subject to a child protection plan to 116 over the past three years;
3. 75% of 315 identified Troubled Families have officially 'turned around';
4. Increased profile and influence of the 'voice and influence' agenda, including in the area of child safeguarding;
5. Will maintain focus on further narrowing the attainment gap for pupils in receipt of free school meals and for Key Stage 2 and Key Stage 4 pupil premium groups;
6. Respond to an increase in self harm amongst younger people;
7. Continue to improve NEET rates for vulnerable groups (young offenders, LAC, teenage parents & LLDD);,

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The Health & Wellbeing Board is asked to consider taking a lead / commissioning the following cross cutting work strands in the context of identified priorities for the refreshed Health and Wellbeing Strategy:

1. Developing a shared focus on and response to the needs of adult parents and how these impact on children, e.g. the high prevalence of domestic abuse within child protection;
2. Improving our strategic planning and commissioning to enhance provision and outcomes in areas that span children's and adults services, for example responding to domestic abuse, substance misuse and low level parental mental health.

1.The YorOK Board

YorOK is the branding for our local York Children's Trust partnership. The YorOK Board was established in 2003 and was constituted as sub group of the Health and Wellbeing Board in 2013. There remains a statutory duty to have a Children's Trust Board under the Children Act 2004.

The YorOK Board meets on a two-monthly basis, is chaired by Councillor Janet Looker, Cabinet Member for Education, Children and Young People, and has a membership of eighteen representatives from thirteen bodies, organisations and agencies which is periodically reviewed. The YorOK Board is a public meeting and agendas and papers are posted on the YorOK Website.

1.1 Purpose of the YorOK Board

The Board is accountable to the Health & Wellbeing Board for delivering certain strategic health and wellbeing priorities and objectives relating to children, young people and families. More specifically, the Board:

- Oversees the development of York's Children's Trust arrangements;
- Is responsible for overseeing the production, publication, delivery and review of the Children and Young People's Plan (CYPP) and monitoring its implementation;
- Promotes cooperation to improve children's well-being, coordinating planning and commissioning activity, identifying priorities and clarifying accountability;

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- Ensures that arrangements are in place to enable the delivery, monitoring and evaluation of identified services for children and young people in the City of York;
- Produces an annual report for the Health and Wellbeing Board, reporting on the progress of the CYPP in the context of health and wellbeing priorities and to highlight children's and young people's issues.

1.2 Planning Bookcase and partnership working

The YorOK Board works within the city's broader strategic partnership arrangements, is accountable to the Health and Wellbeing Board and has a close formal working relationship with the Children's Safeguarding Board. An area for further development is closer alignment with the Health and Wellbeing Board, York Education Partnership, the Adults Safeguarding Board and the other sub groups of the Health and Wellbeing Board and strengthening accountability between these Boards

1.3 YorOK Sub Groups

The YorOK Board establishes subgroups and "task and finish" groups as appropriate to deliver its agenda and priorities. These subgroups are accountable to the Board and report at least annually. Below are examples of the work and impact of YorOK Sub Groups:

- The YOT Management Board is a statutory partnership focussing on young people aged 10-17 years who offend or are at risk of offending. This Board has overseen a significant reduction in number of first time entrants to the criminal justice system over the last three years, with the numbers now beginning to level. Looking ahead, whilst numbers within the youth justice system may be reducing, the young people remaining have needs of the highest complexity, highest risk and will therefore require increased levels of resource and intervention across all partners;
- The YorOK Voice and Involvement Group works also to the Children's Safeguarding Board. This forum aims to ensure that children and young people have a voice and are involved in decision making, planning, commissioning, design and delivery of services. Where involvement work is routinely embedded, change and improvement can be seen and evidenced more readily, for example reductions in the prevalence of bullying in primary and secondary schools as a result of action taken following the surveying of children

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and young people. The key challenge for this group continues to be the embedding of systematic and robust voice and influence methods across the YorOK partnership.

- The Troubled Families Programme Board oversees the implementation of York's Troubled Families Programme, focussing on families where children are not in school, adults are on out of work benefits and where there is youth crime and/or anti-social behaviour. To date, 75% of the 315 families (target set by identified by government) have met the national criteria to be classed as 'turned around', ie where significant improvement has been made. This Board will oversee the roll-out of phase two of the programme, aligning as far as possible expanded national criteria and local priorities and building on the partnership approach to delivery.
- The 14–19 Curriculum Implementation Group focuses on residents aged 14-19 and others attending York based education and training institutions, seeking to secure sufficient and appropriate education and training provision for all young people of this age. Participation of 16-17 year olds has increased, meeting the Raising of the Participation Age duty, alongside a decrease in the proportion of 16-19 yr olds who are NEET. Challenges faced by this forum include increasing fragmentation and competition within a system which promotes institutional autonomy, the impact of significant cuts to funding rates, and the scale of curriculum and qualification reforms to be implemented 2014 – 2018.
- The Risk and Resilience Strategic Group focuses on young people from early adolescence through to young adulthood (10-24 years). This group has led on the delivery of the teenage pregnancy strategy resulting in the lowest teenage pregnancy rates since 1998 and has also seen a reduction in the rate of young people under 18 admitted to hospital with alcohol specific conditions. Priorities for the year ahead include mapping provision and gaps, improving commissioning and developing workforce skills to improve the identification of vulnerabilities, and signposting / referring on as early as possible;
- The Youth Homeless Strategic Group focuses primarily on 16 and 17 year olds, but takes into account the needs of those up to 25, when they are vulnerable. It aims to contribute to the prevention of youth homelessness in York by addressing homelessness and homelessness related issues on a sector wide basis. A reduction has been seen in the level of overall debt, alongside an increase in the numbers in paid work and improvements in the management of

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mental health and substance misuse. Ongoing challenges include obtaining more paid work, and supporting employability and routes into education, employment and training.

Other YorOK Subgroups are as follows: Integrated Working Implementation Group (IWIG); Child & Adolescent Mental Health Services Executive; Multi Agency Partnership for Looked after Children; Strategic Partnership for Integrating Services for Disabled children, and a new Integrated Commissioning Group.

1.4 Joint working between Boards

The Health and Wellbeing Board recently approved a proposal to establish a joint protocol between the Health and Wellbeing Board, YorOK Board and City of York Safeguarding Children Board (CYSCB) to promote and strengthen joint working across these key strategic partnership forums.

Examples of current joint working between the YorOK and other Boards include:

- joint support to develop and implement the CYSCB Learning & Improvement Framework, ensuring alignment with YorOK performance and outcomes monitoring;
- embedding a new Safeguarding Children Involvement Group within the well established YorOK Involvement Group to provide focus and a wider reach;
- the creation of a new CYSCB Neglect Sub Group, incorporating a focus on 'early neglect', with representation from both Boards;

The Risk and Resilience, and Child Sexual Abuse & Exploitation groups formally link in with both boards and the YOT Management Board.

Future priorities in this area include placing a sharper focus on vulnerable groups and profiles of need – this being a shared agenda with the H&W Strategy and the Joint Strategic Needs Assessment and developing a shared focus on the needs of adult parents and how these impact on children, e.g. the high prevalence of domestic abuse within child protection.

1.5 Voice and Influence of the child

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The YorOK Board expects that the views and involvement of users of children, young people and families will influence the work of the Board and its sub groups at all stages. It will ensure that the views of children and young people inform planning, commissioning, design and delivery of service provision.

1.6 YorOK Board work plan & agendas

The work plan and agendas for Board meeting are planned in advance, and comprise:

- The Trust Update – bite-size items for information, latest research, updates, organisational change etc;
- Regular / standard business items, for example performance monitoring, safeguarding, voice and involvement of the child;
- Thematic debates – a more detailed review of a particular topic, involving inputs from different perspectives, and allowing time for discussion. Recent topics include strategic integrated commissioning, early help and updates from key strategic partnership groups in respect of vulnerable groups of children (eg children missing from education; domestic abuse; child sexual exploitation; take up of free school meals).

Board priorities will be to maintain a relentless focus on outcomes, continued development and delivery of the early help infrastructure and improving our strategic planning and commissioning.

1.7 Children and Young People's Plan (CYPP)

Our fourth CYPP, 'Dream Again, York's Strategic Plan for Children, Young People and their Families 2013 – 2016', sets out the long term vision for children, young people and their families and is shared by all who work within the remit of our YorOK Children's Trust Partnership. This vision has been approved by the YorOK Board and its sub groups and extends through the cultures of all partner agencies represented on the Board.

There are five specific priorities, based on evidence about where extra help is needed:

- Helping all York children enjoy a happy family life;
- Supporting those who need extra help at the earliest opportunity;

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- Promoting good mental health;
- Reaching further: links to a strong economy;
- Planning well in a changing world.

Performance and progress are regularly monitored at the YorOK Board through quarterly monitoring of the Board's performance scorecard, full periodic reviews of progress against the CYPP Action Plan and the tabling of more specific items at Board meetings. A review of the CYPP action plan is planned for the end of the year and planning for the production of the next CYPP will begin early in 2015.

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2.Impact and outcomes: progress against key YorOK / CYPP priorities and objectives

A copy of the full YorOK Performance scorecard is attached to this report at Annex 1.

2.1 Helping all York children enjoy a happy family life

The Council's Keeping Families Together initiative continues to deliver an overall reduction in the number of children in public care and to safely support more children at home in the care of their parents or extended family members. The number of Looked After Children remained static at the end of June 2014 at 222, slightly higher than planned (220). To support these arrangements, the Council has developed a 'new deal' for local foster carers to ensure that there is a sufficient supply of high quality local placements available for those children who do need to become looked after. An issue still exists around the health needs assessments of LAC and discussions between social care and Health partners are ongoing with a view to resolving. The number of children subject to a child protection plan has steadily and safely reduced over the past three years to 116, this considered to be an appropriate level given the profile of our city.

The council's Integrated Family Service was realigned to sharpen focus on two key priority areas of work. The newly configured 'Child in Need' service targets those families where, without additional help and support, children are at risk of becoming looked after or in need of statutory protection. A small stand alone Family Focus Service leads on the delivery and coordination of our Troubled Families programme. At the end of July 2014 all 315 families had been identified and 75% have been 'turned around'. Many troubled families have long-standing and complex needs and circumstance Families are being worked with by a wide range of agencies including Family Focus, YOT, Education, Pupil Referral Unit, Catalyst, Housing, Children's Centres and Social Care. York is participating in the national evaluation of the Troubled Families programme and local evaluation of a more qualitative nature is well underway in conjunction with the York University Department of Social Policy & Social Work. The Parenting Support Team continues to provide a high number of Parenting Programmes with 435 families engaged during 2013/14, above the target of 360. Programmes are designed to help parents acquire skills and confidence in effective parenting, and many programmes are targeted towards meeting specific needs, for

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example parents of teenagers and who have substance misuse problems.

2.2 Early Help: Supporting those who need extra help at the earliest opportunity

As part of the new joint working protocol, the YorOK Board is producing a more detailed analysis of the impact and outcomes of our local Early Help strategy and objectives on behalf of YorOK and the Children's Safeguarding Board. This information will be available in September 2014.

A refocused Early Help Strategy 2014-16, action plan and performance scorecard have been produced by the YorOK Board in conjunction with the Children's Safeguarding Board. The strategy outlines our ambition for early help services for children and families, and our guiding principles, setting out the strategic framework within which the services have been designed, and how we organise them. It describes the delivery of those services and the priorities for developing them further. The Early Help Action Plan sets out how the strategy will be delivered and our arrangements for monitoring impact and effectiveness. The impact and outcomes of our Early Help strategy are monitored through a YorOK Sub Group, the refreshed and refocused Integrated Working Implementation Group (IWIG), in a range of other relevant forums and through service plan monitoring.

The number of CAFs (Common Assessments) initiated has been maintained through a period of significant organisational change and steps are being taken to establish a more accurate picture of the range of early help assessments undertaken across the multi agency partnership – the number of logged early help assessments is therefore expected to increase significantly. However within the wider context of identified need, this number remains low and a priority for the year/s ahead. The Children's Advice team is leading on specific developments aimed at improving our collective ability to identify vulnerable children and the quality of assessment practice, quality assurance and information sharing. A further priority is improving our ability to understand areas of met / unmet need and using this information to inform commissioning.

Integrating Services for Disabled Children 'parent mentoring' arrangements continue to grow with more than 10 parents now supported by this scheme and a planned increase in the number of

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young disabled people with personalised packages for learning, volunteering & employment is on track. The 'local offer' for disabled children has been widely promoted and a pilot project to support an increase in the number of children & young people with autism attending mainstream schools is progressing with specialist roles established in pilot schools and an early evaluation is underway.

Key Stage 2 results for York Primary schools were for the most part in line with or above national figures. The Key Stage 2 and Key Stage 4 pupil premium groups remain a priority, particularly in relation to 'narrowing the gap' between vulnerable children and their peers. The York 300 Pilot will provide additional focus to the Key Stage 2 pupils during the academic year 2014/15.

Provisional results for Key Stage 4 (GCSE and equivalent) indicate that York will remain above national average for '% of pupils achieving 5+ A*-C including English and Mathematics'. Early indications also show York will place highly when compared to regional Local Authorities.

Regarding child obesity, the 2012/13 statistics from the National Child Measurement Programme (NCMP) showed that in York while there was a fall in the rate of reception age children who were overweight and obese (combined) from 22 per cent to 21.2 per cent, the rates in Year Six have risen from 29.2 per cent in 2011/12 to 30.5 per cent in 2012/13. A more detailed analysis at a ward level illustrates some marked differences according to localities: in the Guildhall Ward, 22.6% of children in year 6 are obese and in the Westfield Ward, 9.8% of children in reception are obese (not including overweight). Both these statistics are above the national figures. In response to this, the Public Health service launched a Children and Young People's Weight Management Pilot Programme pilot programme in May 2014, and re-established the multi-agency Healthy Weight Active Lives Steering Group to work towards the wider aim of reversing the trend of increasing BMI in children and young people.

2.3 Promoting good mental health

A final CAMHS Strategy Action Plan has been completed, aiming to strengthen the collaborative working between all children's providers across the City in relation to the emotional wellbeing and mental health of children in York. Mental Health Day was well attended by primary and secondary colleagues, with schools reporting they had an opportunity to network and meet colleagues from CAMHS and a toolkit has now been

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issued to schools. A key priority is the establishment of refreshed and more robust CAMHS executive arrangements that will provide biennial updates to the YorOK Board.

A recent Public Health England mental health profile showed an increase in self harm amongst younger people, with data subsequently showing that the largest increase by age was in the 15-17 bracket for females (almost doubled from the previous year). This will be a priority in the year ahead.

The 'Stand Up for Us' survey was completed for a fourth year running involving over 3000 year 4, 5, 6 and 8 pupils. The secondary school report shows a very slight increase in pupils feeling safe in school and a reduction from last year in the percentage of respondents who reported being bullied in the past month. The primary school report shows a slight decrease in pupils feeling safe at school, and a continued reduction in the percentage of pupils who reported being bullied.

The ELSA (Emotional Literacy Support Assistants) Project addresses children's emerging mental health issues in school at an early stage to prevent future social, emotional and behavioral issues. The scheme is delivered by Educational Psychologists with support from council colleagues in the School Improvement Service and Specialist Teaching Team, and is now successfully operating in 55 schools across the city with 170 ELSAs in place. The results of the project have shown significant improvements in children and young people's emotional wellbeing and have been highlighted as an example of good practice by Ofsted.

2.4 Reaching further: links to a strong economy

Local data as at the end of March 2014 indicated that 4.8% of Year 12-14 young people (ages 16-18) were NEET. From the 1st April 2013, the counting rules for this indicator changed and consequently there is no comparable trend data available. That said, the local NEET figure improved throughout the year and York is ranked joint second best for NEET rates in the region. Arrangements to improve NEET rates for vulnerable groups (young offenders, LAC, teenage parents & LLDD) are ongoing, with positive feedback from the Ofsted Thematic Inspection in December 2013.

The latest 2011 data indicates that there are 4,490 children in poverty in York (all dependent children under 20) including 3,995 under 16s. The

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Child Poverty Strategy has converged with the City Poverty Strategy, keeping the strong links with the children's YorOK partnership but promoting greater links to the Health and Wellbeing Board and the annual needs assessment is combining with the City poverty scorecard. A York response was submitted to the recent Government consultation on the Child Poverty strategy recommending more ambitious national targets in tackling Child Poverty. In terms of tackling child poverty, a recent YorOK update noted progress being made in the following relevant areas: the "York 300" research proposal, Living Wage, childcare sufficiency assessment, two year old early education programme, intervention through children's centres, family intervention programmes, fuel poverty, York's financial assistance scheme and increasing the take-up of free school meals.

York has seen a decrease in Youth Unemployment with numbers falling by 300 between June 2013 and June 2014 (from 575 to 275). The Learning City 'Connecting People to Jobs and Opportunities' network continues to bring key agencies and providers together to review skills needs of those on JSA and better plan government funded provision to support residents back into work. Learning City has secured funding from Leeds City Region to extend the Head Start programme to support 18–24 year olds back into work across York, Selby, Harrogate & Craven. This will deliver programmes to 121 longer-term unemployed young people securing a minimum of 49 jobs by Dec 2015.

The 'tablet project' has started at Burton Green to support accelerating the learning of the most disadvantaged primary pupils and their parents (through Family Learning). 'Support for You' programme, delivered by York Learning via ESF funding, continues to support the most vulnerable families and individuals on a journey into work. Participation in basic literacy and numeracy has increased in the last 3 years, helping to overcome some of the basic skills barriers to employment. In addition, a number of new programmes are being funded to support the homeless and adults with learning difficulties and disabilities.

In November 2012 national data was released indicating that approximately 400 pupils in York whose parents were in receipt of benefits which would enable their children to have access to a free school meal had not applied. Since then work has been done to reduce this number resulting in the identification of families who would qualify for free school meals, making contact with the families to encourage them to apply for free school meals; introducing an on-line application

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process and changes to the IT benefits system to inform parents/carers immediately of their eligibility for free school meals. A York Youth Council report in 2012 indicated that many pupils in secondary schools who were entitled to free school meals were not taking up that offer because of a lack of choice, preference to eat outside of school and the stigma attached to being on free school meals. Several schools made changes as a result of this research and the Local Authority in response, and as part of its poverty agenda, made a financial contribution to support the purchase of cashless school meals systems at three secondary schools.

In terms of attainment in 2013, data shows that 72% of pupils not in receipt of free school meals attained 5 plus A*-C GCSEs, compared with 43% pupils who were in receipt of free school meals. Narrowing this gap remains a priority.

Consultation

1. This report of for information only.

Options

2. There are no options for the Health and Wellbeing Board to consider; this report is for information only.

Analysis

3. This report is for information, and therefore analysis of options is not applicable

Strategic/Operational Plans

4. This report relates to the delivery of the Health and Wellbeing Strategy and the Children and Young People's Plan.

Implications

5. There are no known risks arising from the recommendations below in the following areas:
 - **Financial**
 - **Human Resources (HR)**

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- **Equalities**
- **Legal**
- **Crime and Disorder**
- **Information Technology (IT)**
- **Property**
- **Other**

Risk Management

6. There are no known risks arising from the recommendations below.

Recommendations

7. The Health and Wellbeing Board are asked to:
 - i. Note the attached report;
 - ii. Consider the issues for the coming year;
 - iii. Discuss any other support, development or information that will help the Health and Wellbeing and YorOK Boards fulfil their shared objectives.
8. Reason: To keep the Board apprised of progress to date.

Contact Details

Author: **Chief Officer Responsible for the report:**

DRAFT

Judy Kent
Head of Children's Trust
Unit & Early Intervention
Children's Trust Unit
City of York Council
01904 554039

Jon Stonehouse
Director of Children's Services,
Education and Skills
City of York Council
01904 553798

Report **Date** *Insert Date*
Approved

Chief Officer's name
Title

Report **Date** *Insert Date*
Approved

Specialist Implications Officer(s)
None

Wards Affected:

All

For further information please contact the author of the report

Annexes:

Annex 1: YorOK Performance scorecard

Background Papers:

Health & Wellbeing Strategy
Children & Young People's Plan