

## YorOK BOARD MEETING

**Date:** Tuesday 23 January 2018  
**Time:** 13.00 – 15.00  
**Venue:** Severus Room, West Offices

Sarah Armstrong	-	York CVS
Gemma Cormach	-	Deputizing for Allan Harder, NYP
Anita Dobson	-	Deputizing for Sharon Stoltz, Public Health
Norma Freer	-	Deputizing for Rhonda Hackett, Job Centre Plus
Nicole Hutchinson	-	Police & Crime Commissioner's Office
Nicola Lockwood	-	Deputizing for Liz Vincent, York Hospital
Natalie McPhillips	-	Public Health
Graeme Murdoch	-	York College
Chris Nichols	-	Deputizing for Tricia Head, Danesgate
Cllr Carol Runciman	-	Executive Member for Adult Social Care & Health (Chair)
Maxine Squire	-	Assistant Director, Education & Skills
Jon Stonehouse	-	Corporate Director of Children, Education and Communities
In attendance	-	Carolyn Ford, Inspection & Planning Manager (Minutes)
	-	Jess Haslam (Item 3)
	-	Sarah Hill (Item 5)

## **ACTION**

### 1. Apologies for Absence

Apologies for absence were received from Lisa Egginton, Polly Griffiths, Rhonda Hackett, Allan Harder, Tricia Head, Ruth Hill, Niall McVicar, Helen Pulleyn, Carol Redmond, Sharon Stoltz and Liz Vincent.

In Cllr Rawling's absence, Cllr Runciman agreed to chair the meeting.

### 2. Minutes of the Meeting Held on 7 November 2017 & Matters Arising

The minutes of the meeting held on 7 November 2017 were agreed as a true and accurate record of the meeting. Jon Stonehouse was asked to provide a performance update at the next meeting.

JS

### 3. Integrated Commissioning

#### Findings from the Autism Deep Dive

The Integrated Commissioning Group had commissioned a multi-agency review of autism, which took place in November 2017. The event was very well attended and Jon Stonehouse thanked Jess Haslam for a well structured session.

Jess Haslam explained that colleagues and partners had considered case studies and comments from children, young people and families in order to gain a better understanding of the issues, be clear what data is available, improve understanding of each service's strengths and areas for development, identify potential synergy and areas for improved joint working, and identify shared priorities. The following quick wins and longer term priorities were identified:

#### Education & Training

##### *Quick wins:*

- Extend school champions into primary schools
- Extend specialist teaching team support

##### *Longer term priorities:*

- Multi-agency training for parents pre 5
- Training for parents at different phases eg behaviour
- Extend Orchard and ERP provision
- Extend provision for most complex young people attending Hob Moor Oaks

### Assessment & Health

#### *Quick wins:*

- Data set for children 5-18 year assessments
- Reduce waiting list - investment 36 cases by March
- Clear protocols re discharge from Mill Lodge and Lime Trees support

#### *Longer term priorities:*

- Reduce admission into Mill Lodge through work of crisis team
- Robust all age pathway

### Inclusive Communities

#### *Quick wins:*

- Extending existing training
- World Autism Day in West Offices
- Possible film of West Offices to make it more accessible

#### *Longer term priorities:*

- Mapping of peer support as part of 'Autism Inclusive York'
- Development of Your Life York (YLY) (formerly known as Connect To Support)
- Link YLY to York's Local offer and promote to families

### Transitions

#### *Quick wins:*

- Extend use of visual support/additional visits as part of a transition programme

#### *Longer term priorities:*

- Write guidance on good practice in transition at different phases with local case studies
- Write guidance on transition into college

### Employment

#### *Quick wins:*

- Offer training for Action Towards Inclusion and ASC Support to Employment project

#### *Longer term priorities:*

- Map pathways into work for people with autism

Following the presentation, board members made the following comments:

- It would be helpful to have data split into gender so that the large increase in the number of girls being diagnosed is clear. Previously the assessment process more easily identified boys with autism, and girls are also more adept at hiding their autism.
- The increase in the number of children and young people with autism moving from mainstream schools to special schools coincides with the implementation of the new testing regime.
- Pupils attending Danesgate are included in the figures for specialist provision. Jess Haslam is to identify the figures for Danesgate and forward them to Tricia Head/Chris Nichols. It was noted that mainstream school pupils with behaviour or social and emotional mental health issues are often diagnosed as being autistic once they are assessed at Danesgate.
- Colleagues queried the time lag between families stating they have a concern

JH

about their child to a diagnosis. Jess Haslam responded that the process of referral and assessment, including the waiting time, is a frequent topic of conversation at parent forums.

- Whilst the Special Educational Needs Service is “needs-led”, an assessment of a child is needed in order to understand the complexity of need.
- In response to a query as to how Orchard House at Manor CE School fits with the provision at Danesgate, Jess Haslam explained that it is a nurture-based provision for mainstream school pupils with high anxiety. The provision compliments that provided at Danesgate.
- Board members queried whether Portage would make a referral for an autism assessment. Jess Haslam explained that Portage staff would recognise the signs of autism and work with families to ensure they receive the correct help and support.
- Children with a learning difficulty as well as autism tend to be diagnosed earlier than those who are high achieving and autistic.
- Jess Haslam agreed to speak to Sara Orton about those young people known to the YOT with speech, language and communication difficulties an/or autism. JH
- York College has a learning support mentor who specialises in autism. Pupils with autism are able to find a quiet space and are offered support. In most cases, the college is made aware of students with autism prior to them arriving to study.
- There will be a World Autism Awareness Day on 2 April 2018.
- Board members agreed that the production of videos of York Hospital, West Offices and York College is a good idea so that autistic children can view these venues before they arrive.

Jess Haslam summarised by reminding colleagues that there are some quick wins but that other actions will require investment. Partners were asked to advise Jess Haslam of any omissions from the autism action plan. All

Jess Haslam was asked to provide an update on progress at both the YorOK Board and the Health & Wellbeing Board in due course. The Autism Action Plan will also be of interest to Schools Forum, which is aware of the dramatic increase in need and the pressure that this is putting on the high needs/complex needs budget. There is also an Inclusion Review being undertaken at the same time to identify provision in place across the city and what provision needs to look like in future. JH

Board members agreed that identifying an area for a deep dive is a very helpful and productive way of working, resulting in a comprehensive action plan.

#### 4. **CYPP Focussed Discussion: Narrowing the Gaps in Health Outcomes**

Natalie McPhillips gave a presentation on the health outcomes that Public Health want to influence in the city, what the current health data is telling us, teenage conceptions, the NHS outcomes framework, the Healthy Child Service, mental health, oral health and obesity. The following comments from board members were noted:

- The data on hospital admissions for mental health for 0 – 17 year olds was for 2015/16. It would be interesting to see whether there is a reduction once the data is available for the period covering the setting up of the CAMHS pilot and then the School Wellbeing Service.
- It was suggested that the high number of admissions to hospital for the extraction of teeth (0-4 year olds) could be due to the ease of referral to York Hospital. Children and young people with SEND and autism are also sent to the hospital for treatment.
- There were 18,452 fluoride varnishes for children carried out in York in 2015/16, which is a 46% increase since 2012/13. However, it was noted that four treatments are required but that dentists are paid after having only completed one treatment.
- Dental decay mainly mirrors areas of deprivation but there is also a group of

children and young people from more affluent areas who have enough money to, for example, buy sweets and fizzy drinks on the way to school.

- There is a need to understand the red indicator for emergency admissions to hospital for children with lower respiratory tract infections, ie chest infections and pneumonia.
- In terms of obesity York compares well with national, regional and statistical neighbour averages, and Year 6 obesity levels are low. There are more boys than girls and more men than women who are obese in the city, and levels of obesity mirror the areas of deprivation. There is evidence that children who live with obese parents themselves become obese.
- Partners were encouraged to lead by example within their own organizations and remove, for example, vending machines from premises.

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Board members agreed that we know ourselves well and are aware of the city's issues. It was suggested that if we focus on mental health, autism and health, especially obesity, there could be an impact in a short period of time. It is disappointing that with good quality food available and many sporting opportunities, young people are still making poor choices in relation to their weight. It was agreed that an update would be provided to the board in a year's time.

NMCP

## 5. Domestic Abuse Forum

Sarah Hill reported that there are 3000 incidents of domestic abuse reported to police in York per year and that this figure is growing. This was attributed to more awareness of domestic abuse, people feeling more able to come forward and report incidents, as well as more cases. MARAC has considered 139 high risk cases in York in the last six months, and this number is also increasing. Operation Encompass has also dealt with 244 cases in last six months. This ensures that where a young person experiences or witnesses domestic abuse, the police will inform their school the following morning.

IDAS is commissioned to work with victims and supports approximately 900 families at home each year, provides a refuge for ten families, and works with perpetrators. IDAS also works with children and young people who abuse their parents and siblings through the RESPECT programme. A high number of these children and young people have autism, and Jess Haslam agreed to speak to Sarah Hill about autism training for IDAS staff. IDAS receives a charitable donation from Asda to provide healthy relationship advice in schools. It was suggested that this work could link with the autism champions in schools.

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There is a Joint Coordination Group which has oversight of domestic abuse in North Yorkshire and York. Following concern raised by the Safeguarding Board as to whether there was a sufficient focus on children and young people in York, the York Forum was re-established. The forum will meet for the first time on 23 February 2018. There are two key areas of concern: that the small number of perpetrators are treated but the root cause of their difficulties is not explored; complex families, where the family wants to stay together, which requires consideration of how the risk can be reduced.

IDAS Barnsley is running a programme for 11 – 16 year olds who are abusive in their own relationships or within their family with parents and siblings. Sarah Hill agreed to provide feedback on this programme at a future meeting. An increasing number of MARAC cases involve children and young people who are abusing family members, and this will be a topic which the York Forum will consider further.

SH

Sarah Hill noted that it is difficult to ensure messages about IDAS and domestic abuse reach staff in the Emergency Department, and flagged that she would find it helpful to have a contact name at the hospital .

Board members were pleased that the York Forum had been re-established as it forms an important part of the city's safeguarding structure, brings a welcome focus on children and young people experiencing domestic abuse in York and provides governance for this area of work. Board members requested an update report at a future meeting and thanked Sarah Hill for her work and for setting up the York Forum.

SH

6. **Local Area Teams/Healthy Child Service Update**

Niall McVicar is to provide an update at the next meeting. In the meantime, it was noted that work is still ongoing with the Local Area Outcome Plans, and that positive feedback has been received about the Local Area Teams and the Healthy Child Service. The LATs Steering Group has used the DCLG Maturity Matrix to help review local work and steer discussions.

NMcV

7. **Safeguarding Board Update – Safeguarding Week**

In December 2017, the Safeguarding Board considered the new Working Together guidelines and what the Safeguarding Partnership for York might look like. The independent chair of the Board has drafted a proposal for how the Police, Clinical Commissioning Group and local authority will deliver the safeguarding partnership arrangements in future, and this will be consulted upon with partners, including the YorOK Board. It is anticipated that the new Safeguarding Partnership will not be too different to the current arrangements, which Ofsted judged to be "outstanding" (SIF Inspection 2016).

JS

This year's Safeguarding Week will be held w/c 25 June 2018 and will include more locality based activities but no conference. The next conference will be held in 2019. National CSE Awareness Day is 18 March 2018 but it is yet to be decided how York will respond in view of already having had a major campaign on CSE: It's Not Okay, and awareness raising activity throughout the year.

8. **Any Other Business**

An update from Rhonda Hackett, Job Centre Plus and the North Yorkshire Police Children and Young People Strategy 2018 – 2020, developed with the Youth Commission, were circulated to Board members.

Board members were advised that there would be a "Big Conversation 2017" conference on 28 February 2018, 15.30 – 17.30 at the Cedar Court Hotel, Harrogate. Carolyn Ford was asked to circulate details of how to book on to this conference.

CF

9. **Forward Plan**

Carolyn Ford was asked to arrange for someone to cover the emotional and mental health agenda item for the next meeting on 13 March 2018, as Eoin Rush has now left the organization.

CF

10. **Dates of Future Meetings**

- Tuesday 13 March 2018, 13.00 – 15.00
- Tuesday 22 May 2018, 13.00 – 15.00
- Tuesday 10 July 2018, 13.00 – 15.00
- Tuesday 11 September 2018, 13.00 – 15.00
- Tuesday 6 November 2018, 13.00 – 15.00

There being no further business, the meeting finished at 2.45pm.