Solution Focused Interview

Colour a week's timetable as follows

Red (really hated)
Orange (OK)
Green (good lesson)

Use questioning to identify what it is that makes the green lesson green….

- the subject?
- how the lesson is taught?
- who supports you in this lesson?
- other pupils in the lesson?
- what the lesson is?
- where you sit?
- equipment you have?
- your relationship with the teacher?
- how good you are in this subject?
- or something else.

Imagine waking up one morning and your school day was a completely positive experience.

- What would it look like?
- What would you notice?
- What would other people see?
- What else?
- What else?

Think of a red lesson. How many out of 10 does it score? Use scaling sheets as appropriate

How can you improve the score by 1 mark, using something from the green lesson or something else?