

Who knows what?

Your LP will inform The Children's Advice Team (CAT) that you have a FEHA. The CAT Workers will keep your information safe.

They only share your information with other people who can help you as part of your FEHA plan.

Only workers who need to know about you will have information about you.

However, there may be times when those people need to share the information.

- When they need to find out urgently if a young person is at risk of serious harm.
- To help a person who is at risk of harm.
- When an adult is at risk of harm.
- To help prevent or detect a serious crime.

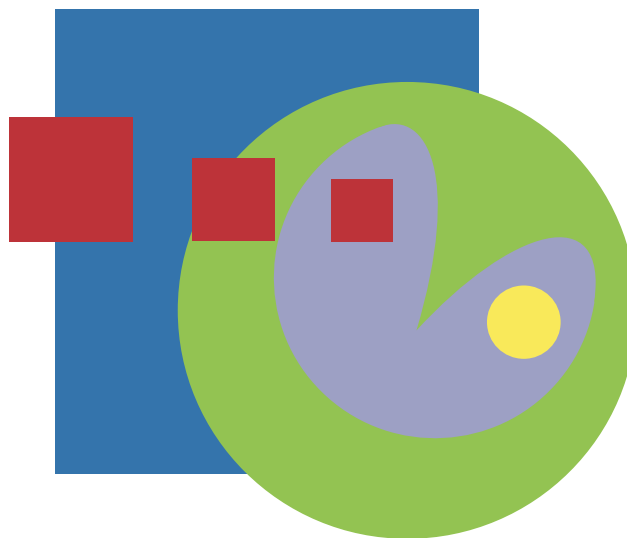


How can you find out more?

Talk to someone that is working with you. This could be someone at your school, college or youth centre.

If you are a young person who has children under five, you can contact your local children's centre.

You can contact the Family Information Service for contact details of local services on **01904 554444** or visit **www.yor-ok.org.uk**



Children's Advice Team

Family Early Help Assessment (FEHA)



A Young Person's Guide

Sometimes you may need help or extra support to sort out a problem. You don't have to feel alone.

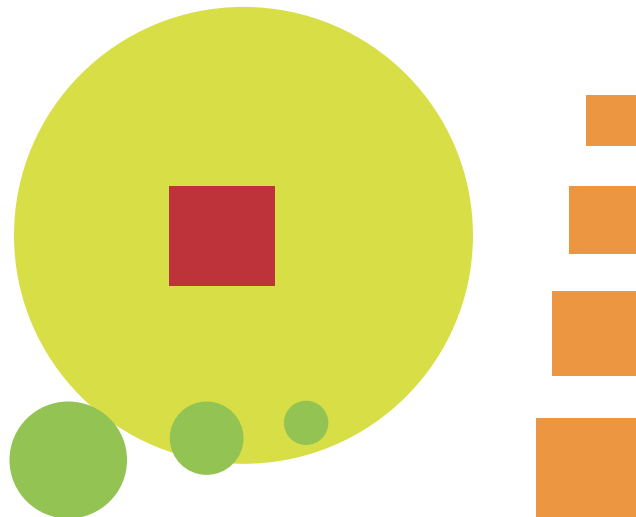
What is a Family Early Help Assessment (FEHA)?

Sometimes you and your family may need a little extra help and support.

The FEHA is a process that allows you to **tell your story** where you can talk about what help you need and what is working well **in your life**.

The FEHA is there to help you.

If you don't want to take part, you don't have to!



How does it work?

1 Your chance to tell your story...

You can choose to talk to any adult who is working with you and they will write it all down in a FEHA form.

Completing a FEHA means you only have to tell your story once.

2 Your plan...

A meeting will be arranged to look at who else can help you, and those people will be invited to this. This is called a Team Around the Child & Family meeting (TACF).

Your parents/carers will usually be invited.

You all agree a plan of action to help you.

3 The review...

Every now and again you will all get together again to look at how well the plan is working and if you need any more help.



Lead Practitioner

Your 'go to' person...

You choose one person as your Lead Practitioner (LP).

You can talk to this person at any time about how you are feeling and they will support you through the process. They will help to make sure your team are doing what they agreed in your plan.

You and your family get a copy of your assessment, plans and reviews.

Your views on what life is like for you, and how you are finding the support are very important.