

## YorOK BOARD MEETING



**Date:** Tuesday 10 July 2018  
**Time:** 13.00 – 15.00  
**Venue:** King Richard Room, West Offices

Sarah Armstrong	-	Chief Executive, York CVS
Pippa Corner	-	Assistant Director, Joint Commissioning, CCG/CYC
Cllr Jonny Crawshaw	-	Councillor, Micklegate Ward
Amanda Flanagan	-	IDAS
Allan Harder	-	North Yorkshire Police
Nicole Hutchinson	-	Police & Crime Commissioner's Office
Andy Jennians	-	Deputizing for Liz Vincent, York Hospital
Natalie McPhillips	-	Public Health Specialist Practitioner Advanced
Graeme Murdoch	-	York College
Cllr Keith Myers	-	Executive Member for Education, Children and Young People (Chair)
Helen Pulleyn	-	NSPCC
Cllr Carol Runciman	-	Executive Member for Adult Social Care & Health
Jenny Shaw	-	Job Centre Plus
Maxine Squire	-	Assistant Director, Education & Skills
Jon Stonehouse	-	Corporate Director of Children, Education and Communities
In attendance	-	Will Boardman, Manager, CYSCB (Item 7) Carolyn Ford, Inspection & Planning Manager (Minutes) Paul Howatson, Clinical Commissioning Group (Item 6) Niall McVicar, Local Area Teams (Items 3 & 4) Nick Sinclair, Public Health (Item 5)

## **ACTION**

### 1. **Apologies for Absence**

Apologies for absence were received from Juliet Burton, Lisa Egginton, Dot Evans, Polly Griffiths, Sarah Hill, Carol Redmond and Sharon Stoltz.

### 2. **Minutes of the Meeting Held on 3 May 2018 & Matters Arising**

The minutes of the meeting held on 3 May 2018 were agreed as a true and accurate record of the meeting. There were no matters arising.

### 3. **CYPP Focussed Discussion: Early Help**

Niall McVicar described the vision and strategy for the Healthy Child Service (HCS). The HCS is part of the Local Area Teams (LATs) and is commissioned internally by Public Health. The following comments were noted:

- In response to a question as to whether the dates of key strategic documents will be aligned, it was agreed that it is more important for the priorities to align.
- Whilst adverse childhood experiences are not specifically referenced in the strategy, work is being undertaken with children and young people by the LATs and as part of the Narrowing the Gaps work.
- The Q4 performance indicator for the HCS has been behind the national average but has more recently improved. There is now an improvement plan in place to increase the number of mandatory two and a half year old checks undertaken. The needs of children and young people are better understood and they are now receiving information, advice and services more quickly.
- Colleagues queried why the number of antenatal contacts had dipped in Q3 2017/18. Niall McVicar explained that the figure is an absolute figure rather than a percentage and that it provides an indication of the volume of work undertaken. It was suggested that, to be meaningful, the number of births would need to be compared to the number of antenatal contacts.

**ACTION**

- The HCS promotes breastfeeding through mandated contacts and where there is a need, mothers can be seen more regularly. It was agreed that the Infant Feeding Strategy should be shared with Board members so as to inform a discussion about York being a breast feeding friendly city. NMcP
- Colleagues queried why a high number of two and a half year old checks had not been undertaken and asked which families had not been seen. Niall McVicar agreed to attend a future meeting to present this information but confirmed that families not seen would have been signposted to services. NMcV
- Colleagues noted that the HCS performance appears to flatline at the end of 2016/17 and queried whether further improvement would be hard to achieve. Niall McVicar confirmed that the big gains seen to date were due to low starting points. He was confident that, as a result of targeted work and learning from other local authorities, further improvement would be seen.
- Public Health will undertake exception reporting ie looking at why staff did not visit a family, in order to improve services further.

#### 4. **Voice & Influence Update Report**

Niall McVicar talked through his presentation and asked partners to reflect on how they hear the voice of children and young people within their own organizations. It was agreed that the YorOK Board should reflect on the messages from children and young people at a future meeting. The following comments were noted:

NMcV

- Two care leavers from the Aspire to More Project spoke at the recent ADCS conference about how the voice of children and young people in York had improved services. They presented very well and received a standing ovation.
- Primary and secondary school voice events have taken place. Secondary school aged pupils had identified that pupils who do not attend school need to be heard, and the Voice and Involvement Group is currently considering how it can engage with hard to reach young people in the city. Partners were encouraged to contact Niall McVicar if they are interested in joining the Voice and Involvement Group. All
- Niall McVicar and Nicole Hutchinson are to discuss how the Youth Commission can be involved in discussions about mental health. Nicole Hutchinson agreed to disseminate a 2017/18 report which summarizes the views of 4000 young people across the county in a number of traditionally under-represented groups. The Youth Commission is currently seeking new members aged 14-25 and colleagues were asked to promote this initiative. The deadline for applications is 25 July 2018: [Youth Commission - New Members](#) NMcV  
NH
- Young people have reported that they find the city “scary and intimidating” due to the large number of drunk adults, and that they do not want York to be like this. All
- Feedback had been sought from parents using the Healthy Child Service. 40% of parents surveyed stated that the HCS was “very good “ compared to 15% in 2015.

#### 5. **Health Report – Childhood Obesity, Self-harm in Young People and Childhood Poverty** ([www.healthyyork.org](http://www.healthyyork.org))

Nick Sinclair talked about the Joint Strategic Needs Assessment (JSNA) and, in particular, the “Starting and Growing Well” section, which paints a varied picture of need across the city, linked to deprivation. The focus is currently on completing the mental health section of the JSNA, and it was noted that 20% of young people report ever having self-harmed, self-harm peaks for 15/16 year olds and self-harm is more prevalent in girls. Colleagues were encouraged to forward any information on how York is responding to this issue to Jennifer Saunders, Public Health. The following questions were raised:

All

- Colleagues queried why there were more hospital admissions for self-harm in the Guildhall ward than, for example, in the Acomb Ward. It was suggested that this may be due to a large student population, under-reporting in outer wards and proximity of the ward to the hospital.

- The city's obesity rate is lower than the national average, however there is variation in ward obesity rates, with some less deprived wards having a higher rate of obesity. Colleagues felt that the link between deprivation and obesity is not clearly stated.
- Colleagues queried why data was provided for three years rather than for each separate year, as this would enable the Board to assess whether the LATs are having an impact. Nick Sinclair responded that data is presented for a three year period in order to iron out any in-year inconsistencies.
- Jon Stonehouse suggested that, whilst the Joint Inequalities Report raised more questions than answers, it provided the HWB with a better understanding of health inequalities in the city so that the diversity of outcomes can be addressed.
- Priorities within the city's Poverty Strategy are being addressed but the strategy itself is not very prominent.
- Many schools are already taking part in the "daily mile" and there is a growing evidence base that this is a successful programme.
- There is also a need to capture data about malnutrition in children.

## 6. **All Age Mental Health Strategy**

Will Boardman and Paul Howatson joined the meeting at 2.25pm.

The All Age Mental Health Strategy has been published and Paul Howatson thanked colleagues for their contributions. York's Mental Health Partnership will drive delivery of the strategy and the Strategic Partnership for Emotional and Mental Health will be key to ensuring the priorities relating to children and young people are delivered.

Niall McVicar welcomed the All Age Mental Health Strategy and confirmed that child and adult mental health issues identified through the FEHA process would be addressed by the LATs. Jon Stonehouse thanked Paul Howatson for the inclusion of children and young people in the strategy and confirmed that a SPEMH representative and a school representative would sit on the Mental Health Partnership Board.

Paul Howatson left the meeting at 2.30pm.

## 7. **Safeguarding Board Update**

The following updates from Will Boardman were noted:

- The new Working Together Guidance has been published and outlines the new arrangements for a safeguarding partnership, which will build on the already outstanding CYSCB arrangements. Transition arrangements have been discussed and York has been identified as an early adopter.
- Discussions are underway to change the CDOP arrangements and these changes will be brought to a future YorOK Board meeting. WB
- The voluntary sector safeguarding survey responses have now been analysed. A report on key messages has been produced and will be shared with the YorOK Board in due course. WB
- The new Neglect Screening Tool is being used by practitioners to ascertain their level of concern about a child: <http://www.saferchildrenyork.org.uk/neglect.htm>. Feedback about the tool was requested. Niall McVicar commented that the LATs could use the neglect tool and then the graded care profile. All
- The learning lessons review of harmful sexual behaviour will be completed in September/October and learning is to be shared with the YorOK Board. WB
- During Safeguarding Week 2018 CYSCB carried out a social media campaign highlighting the message that 'Safeguarding is everybody's business'.
- Colleagues were thanked for their contributions to the CYSCB 2017/18 Annual Report, which will be published in September.
- Cllr Myers commented that the safeguarding crossword and word search, created

as a way of disseminating safeguarding information, was a good idea.

Will Boardman left the meeting at 2.50pm.

#### 8. **YorOK Performance Monitoring**

Board members queried the lack of figures in the scorecard, as they felt that figures had previously been available, and Jon Stonehouse agreed to follow this up. The following comments relating to the scorecard were noted:

JS

- It is anticipated that the 78% take up rate for the 30 hours free childcare will increase further.
- Whilst schools anecdotally report an increase in self-harm type activity and mental health issues linked to the new curriculum, there is a need for hard data and pupil voice work to be undertaken in order to better understand the actual issues that they face. It was suggested that any learning is shared regionally and nationally.
- Whilst mental health issues identified through the FEHA process will be addressed by the LATs, there is a need for Board members to ensure that the appropriate interventions are available in the city.
- In response to a question as to how the local authority support schools, it was noted that the York Schools and Academies Board has had a thematic discussion about mental health and that the Inclusion Review is ensuring the correct education provision is available to meet need. It was acknowledged that schools and colleges do not have sufficient funding to address these issues.
- It was acknowledged that pupils' resilience is low in York, with young people not aware of how to source self-help, and this needs to be addressed.
- The vision of a child friendly city with a city centre play area was discussed.

#### 9. **Any Other Business**

There were no items for discussion under "Any other business".

#### 10. **Forward Plan**

Carolyn Ford is to consolidate Niall McVicar's agenda items for the September meeting into one agenda item, and add an additional agenda item around resilience.

CF

#### 11. **Dates of Future Meetings**

- Tuesday 11 September 2018
- Tuesday 6 November 2018
- Tuesday 22 January 2019
- Tuesday 19 March 2019
- Tuesday 21 May 2019
- Tuesday 23 July 2019
- Tuesday 24 September 2019
- Tuesday 19 November 2019

All meetings are held 13.00 – 15.00.

There being no further business, the meeting finished at 3.15pm.