The true face of carers

A group of nine national charities are coming together for Carers Week 2011. This year’s theme is ‘The True Face of Carers’ and will focus on what it is really like to be a carer in the UK in 2011. It is an opportunity to challenge stereotypes about carers and to remind people that being a carer is a tough responsibility that can fall on anyone.

Famous faces

Football legend Jack Charlton is supporting Carers Week and says "The UK’s 6 million carers come from all walks of life. They are stay-at-home parents, celebrities, and yes, even footballers. What they all have in common is their incredible hard work and dedication, many of them sacrificing all of their time to care for somebody in need. I’m proud to back Carers Week and the call for the support and recognition that carers deserve."

York-born actress Dame Judi Dench is another celebrity supporting Carers Week 2011. Dame Judi cared for her husband Michael who had lung cancer. He died in January 2001. She says: "As someone with experience of caring for a loved one, I am happy to offer my support to Carers Week. 3 in 5 people will be an unpaid carer at some point in their lives and many of them sacrifice everything to save our economy £87 billion every year. It’s time to give them something back."

Carers Week in York

Support Carers Week and take part in events organised by carers groups and charities in York.

- **Monday 13 June** Join York Carers Forum at Monk Bar hotel, 10am to 4pm. Entertainment and afternoon tea. No need to book.
- **Tuesday 14 June** York Minster Carers Thanksgiving Service starting at 1.30pm. Tickets from York Carers Forum.
- **Tuesday 14 and Wednesday 15 June** Visit York Carers Centre’s information stall in the main entrance of York Hospital. 10am to 4pm
- **Thursday 16 June** Information Cafe for carers in The Guildhall from 10am to 4pm, hosted by York Carers Forum. Refreshments available.
- **Friday 17 June** MS Café Oaken Grove Community Centre, Haxby 10am to 5.30pm. All welcome.

Contact York Carers Forum on 01904 422437, yorkcarersforum@tiscali.co.uk, or visit [www.yorkcarersforum.org](http://www.yorkcarersforum.org). Contact York Carers Centre on 01904 715490, enquiries@yorkcarerscentre.co.uk, or visit [www.yorkcarerscentre.co.uk](http://www.yorkcarerscentre.co.uk).

Carer’s Week in York is organised in partnership by York Carers Forum, York Carers Centre, City of York Council, Age Concern, The Alzheimer’s Society, Multiple Sclerosis Society, The Stroke Association, Older Citizens Advocacy York (OCAY) and Woodlands Resource and Respite Care Centre.