Mirror Play

**Letters and Sounds - Phase 1 - Aspect 5**

**Alliteration**

**Listening and Remembering Sounds**

**Main purpose:** To listen to sounds at the beginning of words and hear the difference between them.

Play at making faces and copying movements of the lips and tongue. Introduce sound making in the mirror and discuss the way the lips move, for example, when sounding out ‘p’ and ‘b’, the way that tongues poke out for ‘th’, the way teeth and lips touch for ‘f’ and the way the lips shape the sounds ‘sh’ and ‘m’.

When a baby is babbling show them themselves in the mirror so they can see themselves making sounds.

Play at making faces and copying movements of the lips and tongue. Introduce sound making using the bathroom mirror the mirror and discuss the way the lips move, for example, when sounding out ‘p’ and ‘b’, the way that tongues poke out for ‘th’, the way teeth and lips touch for ‘f’ and the way the lips shape the sounds ‘sh’ and ‘m’.