Main purpose: To talk about sounds we make with our bodies and what sounds mean.

Talk to the children about when it is a good time to be quiet and listen:

Give some examples:
- When someone is telling a story
- When a baby is asleep
- Playing hide and seek
- Watching the telly
- When someone is poorly

Introduce Mr. Topsy-turvy who always gets things wrong: He is noisy when he needs to be quiet and he is quiet when he needs to be noisy!

Give some examples and then ask the children what he would do at a party, in the swimming pool, at bed time etc.

Challenge children to make different kinds of noises:

Can you make a loud noise, quiet noise, slow noise, fast noise, sad noise, excited noise, short noise, long noise?

Talk to the children about the noises they hear when changing their nappy, model using a wide vocabulary to describe sounds

‘that was a loud/quiet noise’
‘that was a short/long noise’

ask them if they can make a loud/quiet noise or a short/long noise