**Roly Poly**

Letters and Sounds - Phase 1 - Aspect 3

General sound discrimination - Body Percussion

**Tuning into sounds Activity 2**

**Main purpose:** To develop awareness of sounds and rhythms

Adapt roly-poly to eating food for example:

- 'bite ... your ... banana ... ever ... so ... slowly'
- 'crunch your apple faster'
- 'drink ... your ... milk ... ever ... so ... slowly'
- 'drink your milk faster'

'stamp ... your ... feet ... ever ... so ... slowly'
- 'stamp your feet faster'
- 'stamp your feet loudly'
- 'stamp your feet quietly'
- tap your head, clap your hands, wiggle your fingers etc.

Adapt roly-poly to washing hands for example:

- 'Rub ... a ... dub ... dub ... ever ... so ... slowly'
- 'rub a dub dub faster'

and drying hands for example:

- 'clap ... clap ... ever so slowly'
- 'clap clap clap faster'

Play build up games:

Walking your hand up a child's arm slowly then tickling.
- 'slowly ... slowly ... slowly ... tickle'
building up suspense as you move slowly capturing the child's gaze.

Sing this little piggy in a similar style