

Roly Poly

Letters and Sounds - Phase 1 - Aspect 3

General sound discrimination- Body Percussion

Tuning into sounds Activity 2

Main purpose: To develop awareness of sounds and rhythms

Adapt roly-poly to eating food
for example:

'bite ... your... banana... ever...
so... slowly'
'crunch your apple faster'

'drink... your... milk... ever... so
...slowly'
'drink your milk faster'



'stamp... your... feet... ever... so... slowly'
'stamp your feet faster'
'stamp your feet loudly'
'stamp your feet quietly'
tap your head, clap your hands, wiggle your fingers etc.



Adapt roly-poly to washing hands for example:

'Rub... a... dub... dub... ever... so... slowly'
'rub a dub dub faster'

and drying hands for example:

'clap... clap... clap...ever so slowly'
'clap clap clap faster'



Play build up games:

Walking your hand up a child's arm
slowly then tickling.
'slowly... slowly... slowly...tickle'
building up suspense as you move slowly
capturing the child's gaze.

Sing this little piggy in a similar style

