

YorOK BOARD MEETING

Date: Monday 9 May 2016
Time: 9.30 – 12.00
Venue: The Severus Room, West Offices

Sarah Armstrong	-	York CVS
Cllr Jenny Brooks	-	Executive Member for Education, Children & Young People (Chair)
Anna Buchan	-	Matron, Children's Public Health 0 – 19
Amanda Bunn	-	0 – 19 Health Child Programme
Juliet Burton	-	Local Safeguarding Children Board
Angela Crossland	-	YOT Manager, CYC
Laila Fish	-	Transformation Project Manager, Partnership Commissioning Unit
Polly Griffiths	-	Healthwatch
Alan Hodgson	-	Interim YOT Manager, CYC
Niall McVicar	-	Children's Trust Service Manager, CYC
Helen Pulleyn	-	NSPCC
Cllr Carol Runciman	-	Executive Member for Adult Social Care & Health
Sharon Stoltz	-	Interim Director of Public Health
Jon Stonehouse	-	Director of Children's Services, Education & Skills, CYC
In attendance	-	Carolyn Ford, Inspection & Planning Manager (Minutes) Judy Kent, Group Manager Permanence (Item 4) Liz Hare, YorSexual Health (Item 7) Michelle Howlett, Advocacy and Participation Officer (Item 4)
Apologies:	-	Tricia Head, Graeme Murdoch, Victoria Pilkington, Carol Redmond, Eoin Rush and Aniela Wenham

ACTION

1. **Welcome, Introductions and Declarations of Interest**

Introductions were made. There were no declarations of interest.

2. **Minutes of The Meeting Held on 7 March 2016**

The minutes of the meeting held on 7 March 2016 were agreed as a true and accurate record of the meeting.

Matters Arising

There were no matters arising.

3. **Any Other Business**

Story Boards – YorOK Website

Board members were reminded of the story boards which describe progress towards the city's priorities. Story boards on substance misuse, healthy weight and breastfeeding will be available shortly on the YorOK website: <http://www.yor-ok.org.uk/workforce2014/storyboards.htm>

4. **Children and Young People in Care Strategy**

Judy Kent talked through the paper circulated with the agenda for the meeting and the following key points were noted.

The new Children & Young People in Care Strategy will shortly be launched

and describes a shared ambition and determination to build on past achievements and improve both the arrangements and outcomes for children and young people. A children and young people's version of the strategy will be produced following discussion with the Show Me That I Matter Panel. A draft action plan will be presented to the strategic partnership this week and progress will be monitored by the strategic partnership and the YorOK Board.

The Making York Home project is considering how best to support children and young people with complex needs so that they can be placed in York. A task and finish group is currently reviewing placement options and looking at workforce training requirements. In response to a question, Judy Kent confirmed that the "workforce" referred to anyone who supports children and young people, ie the team around the placement.

Sharon Stoltz noted that in relation to the priority of "normalisation", work was underway to make initial and review health assessments a more "normal" experience for children and young people. A health passport has already been launched which records a looked after child's health history. Sharon Stoltz agreed to attend a Show Me That I Matter session in order to talk about health matters with the young people.

SS

Partners were asked to disseminate the strategy within their own organisation and were reminded that the acronyms LAC and CYPIC should not be used.

All

Update: Show Me That I Matter

Michelle Howlett reported that the Show Me That I Matter Panel meets monthly and comprises up to ten children and young people who are vocal, committed and passionate. Cllrs Brooks and Runciman also attend the meetings.

Aspire to More: Six young people were interviewed about their experiences in care and their aspirations. A poster campaign has been produced and will be launched in September.

Make York Home: Young people's voices are being heard as part of this project.

Mental Health Awareness: Young people want to know where they and their foster carers can access information and support.

Workforce: Young people want professionals to be trained so that they can better understand the needs of children and young people in care. The young people had written and developed a training package, Speak Up and Hear My Voice, which promotes the voice of children and young people in their care planning. The training has, to date, been delivered to 200+ professionals. YorOK Board members were encouraged to attend one of the bespoke sessions on 27 June (2 – 4pm), 4 July (10 – 12pm) or 13 July (6 – 8pm).

All

Recruitment: Young people have been involved in interviewing people who will work with them.

Take Over: Details of this year's Take Over, in partnership with York Cares, will be circulated shortly.

Jon Stonehouse thanked Cllrs Brooks and Runciman for their involvement in the Show Me That I Matter Panel.

Board members were encouraged to look at the Aspire to More's blog, <https://aspiretomore.wordpress.com/> to view the interviews with children and young people in care and the Show Me That I Matter's twitter account: @smtimyork.

All

5. **Future in Mind Update, including the CAMHS Cluster Pilot**

Laila Fish reported that the expansion of the eating disorders service is progressing and that the staff team in York would increase to ensure waiting times are met and that urgent referrals are seen within one week. Work is being undertaken to explore how those with complex issues can be supported by specialist professionals to prevent them "bouncing back" into the system.

The local CCGs have confirmed that the CAMHS cluster pilot in York, providing wellbeing workers in schools, will be expanded across the city from September 2016 without any break in continuity. The Schools Forum has also contributed a sum of money to support the project. An interim project report was shared, which provides statistics, case studies and very positive feedback from schools, all of which evidence the success of the pilot. Jon Stonehouse thanked Laila Fish for advocating for the authority on this matter.

As from December 2016 there will be just one telephone number, one single point of access, for referring children and young people to CAMHS.

As the Future in Mind funding was not ring-fenced, the remaining priorities in the Transformation Plan have not been funded this year. Laila Fish is exploring whether these priorities can be delivered differently, but where this is not possible, this will be noted as a gap in the refreshed Transformation Plan, due to be completed in October 2016, and flagged up with the appropriate board. YorOK Board members were disappointed that not all the priorities would be funded and that Future in Mind funding was not being spent on children and young people, especially as emotional health and wellbeing is a priority in the new Children and Young People's Plan. Jon Stonehouse acknowledged the political support in advocating on behalf of Children's Services.

Sharon Stoltz noted that the Interim Report was a good example of how to evaluate and measure the success of a project, and could be adopted by other boards.

6. **Children & Young People's Plan**

The new style Children & Young People's Plan was presented. Future strategy documents will follow the same style but with a different colour scheme. Partners were encouraged to disseminate the plan within their own organisations, and those involved in producing the plan were thanked.

All

7. **Children & Young People's Plan - Priority: Closing Gaps – Health and Wellbeing**

Sharon Stoltz gave a presentation on progress towards closing Health and Wellbeing gaps in the city, and agreed to forward the link to the 2016 child health profile to Carolyn Ford for circulation to the group.



YorOK 9 May Board
Health and Wellbeing.

The following key points were noted:

- The uptake of immunisations needs to be better promoted.
- Delivery of the Healthy Child Programme moved to the City of York Council on 1 April 2016.
- Childhood obesity rates are better than elsewhere but there are variations across York linked to deprivation.
- Sharon Stoltz is to produce story boards on “healthy weight”, “substance misuse”, “breastfeeding”, “teenage pregnancies”, “tooth decay”, “self-harm”, “alcohol and substance misuse” and “chlamydia”. SS
- York’s child health profile is better than the England average but work needs to be done to understand why hospital admissions for tooth decay in children under 4 are higher than the England average. SS
- Work is needed to understand patterns and trends in hospital admissions for self-harm SS
- The number of alcohol related admissions, 12 in 2014/15, would appear to be increasing, although York is not statistically worse than the England average. A person centered pathway, with bespoke wrap around care, for individual young people is required.
- There were 25 hospital admissions for substance misuse in 2014/15 and again work is needed to understand the data and provide personalised support for these young people.
- York is fourth from the bottom of a list of 16 similar authorities for screening chlamydia and fifth from the bottom for detection.

Chlamydia Figures – Liz Hare



Liz Hare presentation
to YorOK Board - Chl

Liz Hare, YorSexualHealth Service, described the services provided for young people by the new integrated service. Challenges over the last year have included the lack of a chlamydia awareness raising campaign and GPs not encouraging young people to take the test as they are no longer paid to do so, although it is part of their contract. Sharon Stoltz agreed to ask the CCGs to remind GPs of their responsibilities, as the long term financial savings of offering a chlamydia test out-weigh the cost of fertility treatment in later life. SS

Work is being undertaken to understand how the new service, as well as Castlegate, will fit into the new local area teams, the new operating model for delivering early help.

Carolyn Ford was asked to add chlamydia screening and teenage contraception to the forward plan for a further update. CF

8. **New Ways of Working**

Angela Crossland described the new place-based, intelligence led, multi-agency early help operating model for the city, a core feature of which is the new community-based Local Area Teams. A process mapping exercise has been undertaken with services across the city in order to establish the common systems and practices in place. YorOK Board members provided the following feedback regarding the new approach and model:

- Do not refer to “toxic trio”.
- Ensure CAMHS commissioning for both children and adults is appropriate.
- Strengthen the links between children’s and adult’s CAMHS.

AC/
NMcV

YorOK Board members were asked to circulate the Children’s Centre consultation to both families and practitioners so as to gain as many viewpoints as possible.

All

There will be further staff sessions to look at how services can best be delivered, and it was acknowledged that there will need to be a culture change amongst all partners if services are to be delivered in a more flexible and proportionate way. Niall McVicar spoke about the need for a problem solving culture when working directly with families. Services need to consider how they will help families to “stand on their own feet” and how the voice of children, young people, families and communities can help to shape services, whilst ensuring that safeguarding remains the main priority.

Partners were asked to comment on the draft outcomes framework circulated with the papers for the meeting. Feedback from partners suggested that it should:

- include young people’s perspective
- explain what communities can do for young people
- make explicit that children should enjoy life and be happy

AC/
NMcV

It was suggested that honesty was best, ie we should be clear what works well, acknowledge how staff might be feeling about their changing roles, ask families what they really want and say up front what partners need to do to ensure the new model is right for families.

Cllr Brooks thanked Angela Crossland and Niall McVicar for their work on the project and asked that partners forward any further comments to them.

All

9. **Safeguarding Board Update**

Juliet Burton ran through the Safeguarding Board Update on behalf of Simon Westwood, the Independent Chair, and agreed to forward the appendices mentioned in the report to Carolyn Ford for circulation to board members.

JB

10. **Forward Plan**

Partners are to forward items for the Forward Plan to Carolyn Ford.

All

11. **Any Other Business**

Anna Buchan is to attend an event to look at communication between CYC services and the GP workforce.

12. **Dates For Future Meetings**

There being no further business, the meeting finished at 12.20pm.

Future meeting dates:

- Monday 4 July 2016
- Monday 12 September 2016
- Monday 7 November 2016
- Monday 9 January 2017
- Monday 6 March 2017
- Monday 8 May 2017
- Monday 3 July 2017
- Monday 11 September 2017
- Monday 6 November 2017