Do you know a young woman who thinks she may be pregnant?

Is emergency contraception an option?
Emergency Hormonal Contraception pills (EHC) aka 'the morning after pill' can be taken up to 72 hours (3 days) after having unprotected sex. The **IUD (coil)** can be used up to 5 days after unprotected sex..
EHC is available free of charge and available at many pharmacies, Family Planning, School Health Drop Ins. GPs, NHS Walk in Centre.

Pregnancy Testing
Free from Family Planning Cinics, GPS, School Health Drop ins, Castlegate, NHS Walk in Centre. Available for a fee from chemists and supermarkets.

Are there concerns about STI's?
Contact the Genito Urinary Medicine (GUM Clinic), Young People's Sexual Health Outreach Team (YPSHOT), or Yorscreen
Chlamydia screening is available at the Walk In Centre, Castlegate and School Health Drop ins
(Contact School Health for info re school drop ins 01904 725331)

Positive

Negative

Information / advice

Continue with the pregnancy
- **Refer to midwife at your GP surgery.**

Termination of Pregnancy
- GP
- YPSHOT
- Family Planning Clinics
- BPAS

08457 30 40 30

Unsure

The young woman needs further advice or support

Information / advice

Phone for opening times or visit **http://www.yorsexualhealth.org.uk/**

Family Planning
Monkgate
01904 725432
Beech Grove
01904 724872

GUM
01904 725412
725417

Yorscreen
01904 725440

Walk IN Centre
01904 725401

YPSHOT
01904 725436

Castlegate
01904 555400

GPs

Benefits and rights

Castlegate (16-25's)

Under 16's Connexions in school

Support for young parent and baby

- Health Visitor through GP
- YorOk Website (parenting homepage)
- Children's Centres
- **Family information Service (FIS) 554444**

Continuing Education

See guidance Education and Support for pregnant students and school age parents.
Castlegate
Care to learn (free childcare)
0845 600 2809

Confidentiality

All young people have the right to receive confidential advice, and all professionals have a duty of confidentiality to young people including under 16's.
Only in exceptional circumstances may confidentiality be broken, this would be where the health, safety or welfare of the young person or others would be at risk. Whenever possible the young person should be informed if this is the case, unless to do so would be dangerous to the young person or others.

If you have serious concerns follow the Children in need/ child protection safeguarding route map. Telephone Children's Services 01904 551900 or the Emergency Duty Team on 08450349417