

CROSS ROADS CARE ARE THE PEOPLE CARERS TURN TO



**CROSS
ROADS
CARE**

Crossroads Care
Harrogate, Craven
& York

Most of us juggle busy lives, but if you also look after a relative or friend who is ill, frail or disabled, you probably find it extremely difficult to have a full life of your own. Crossroads Care can help.

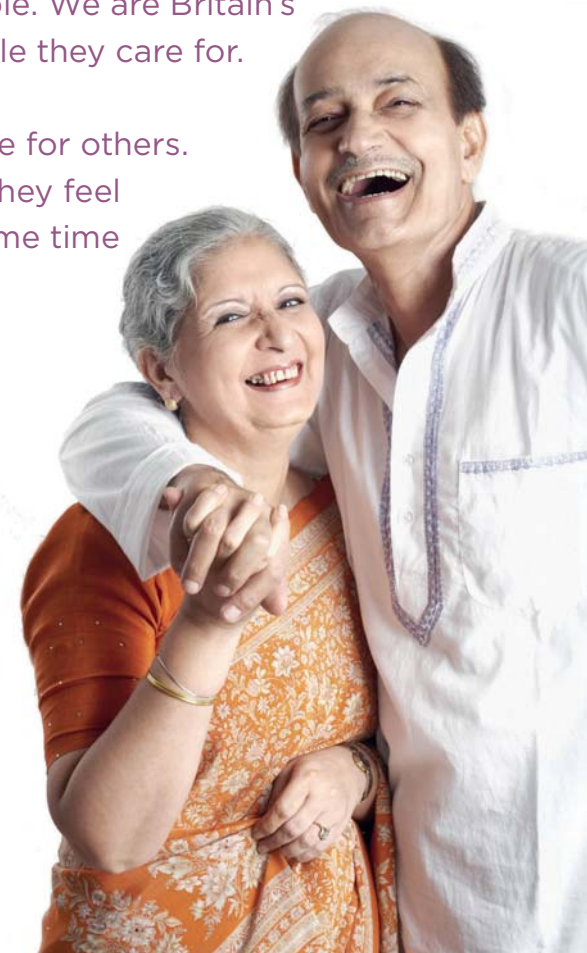
Your local national charity

Crossroads Care is a national network of local charities employing over 5,000 trained professionals and helping over 35,000 people. We are Britain's leading provider of support for carers and the people they care for.

There are some six million people in Britain who care for others. Many reach a turning point, a crossroads, at which they feel they need help with caring, a sympathetic ear or some time to themselves. This is what Crossroads Care does.

Anyone, anywhere, anytime

Crossroads Care Harrogate, Craven & York offers services which help Carers to take a regular break from their caring role. Our team of highly trained professional Carer Support Workers will take care of your loved one whilst you step back from the constant task of trying to care for someone at home. We understand how hard it can be for both the Carer and the person they support. We can provide you both with peace of mind and space



Supporting Crossroads Care

While we are a professional organisation we are also a charity and need the support of our community. The more people and companies that can donate funds or time to help us, the more people we can support.

You can ...

- **make a donation via our website**
- **join us as a Friend or Trustee**
- **help us with fund-raising activities**
- **remember us in your will**

Whether you would like to help us or us to help you, please contact us.

Crossroads Care

Harrogate, Craven & York

MAIN OFFICE: Community

House, 46-50 East

Parade, Harrogate, HG1 5RR.

Tel. 01423 522371

YORK OFFICE: 7 Regent

Buildings, York

Road, Acomb, York, YO26 4LT. Tel.

01904 790200

T:

www.crossroads.org.uk

How it works

If you think that Crossroads may be able to help, we will visit you at home and, together with the person you care for, design the service that meets your respective needs.

As a carer or someone with care needs, you may be entitled to support funded by local government or you can choose to pay direct for Crossroads Care services or top-up state entitlements. Whatever your situation, you can take comfort that, as a charity, we care for people not for profit.

“Thanks to Crossroads, we can forget we are carers for a few precious hours a week”

Peace of mind

If you're going to have someone come into your home and step into your shoes, you may want some reassurance. Crossroads Care has 35 years of experience. We're well known for the quality of our service and try hard to fit into your life and not the other way round. We know that reliability, flexibility and continuity are important to you.

Our staff are fully trained in most aspects of practical care and are sensitive to the emotional pressures of caring. They love their work and their training and long experience means they understand what carers and those they care for, need and feel. They know the simple things that matter, they do the hard jobs with a smile and they take pleasure in fitting into your life.

It's no surprise that we build long and trusted relationships and that more people turn to Crossroads Care than to any other social care provider.

If you'd like to know more about the quality of our service, please look at our latest Care Quality Commission report at www.cqc.org.uk