

The Child & Adolescent Mental Health Plan

2007 - 2010



Summary

Partnership Priorities of the Children & Young People's Plan 2007 – 2010



A Healthy Start in Life

“there is increasing public concern about the physical and mental health of children and young people and the risks associated with some of the lifestyle choices that they are making.

We need to provide better information about, and access to, services, particularly for mental and sexual health.”

What we know

- ▶ Demand for the service continues to grow;
- ▶ Comprehensive CAMHS in York performs at the highest level in comparison with other English areas;
- ▶ The specialist service for children who are looked after is highly regarded;
- ▶ The Castlegate Centre for young people was established in line with identified need for emotional support for young people;
- ▶ Local development of SEAL (Social and Emotional Aspects of Learning) in York schools was supported by CAMHS.

In January and February 2008, the Joint Area Review of Children’s Services in York described York Comprehensive CAMHS as “exemplary” but we have identified areas for improvement outlined in the new Plan:

- ▶ Implement a new Plan for CAMHS, raising awareness of mental health issues with young people, their parents and professionals
- ▶ Ensure that young people’s voices are heard in the planning and reviewing of mental health services and acted on
- ▶ Continue to seek the involvement of parents and carers in the strategy review and planning.



The Child & Adolescent Mental Health Plan

We will:

Early Intervention

- ▶ Make sure that we can easily find out how to access emotional support and mental health services
- ▶ Make sure that there are staff in schools and other adults who can support and advice parents and children

Specialist CAMHS

- ▶ Come out to your communities and provide a service in a safe location

In-patient and psychiatric services

- ▶ See if we can help children remain at home during acute crises through development of Intensive Home Treatment.
- ▶ By 2012, no 16 & 17 years old to be admitted to an adult mental health bed unless through choice.

Paediatric Liaison

- ▶ PCT-wide service improvement programme for children with ADHD.

Children with Complex Needs

- ▶ CAMHS contribution to pre- and post-adoption support will continue to grow
- ▶ Be concerned to ensure children affected by domestic violence and suffer mental health problems have early access to services.
- ▶ Promote the continued satisfactory level of mental health support to care leavers entering adulthood.
- ▶ Establish CAMHS support under the DoH guidance " Establishing the Responsible Commissioner".

Learning disabilities and difficulties

- ▶ Provide mental health promotion and early intervention strategies

- ▶ Ensure local access for children who may otherwise need to be placed out of authority for treatment

Outcome Monitoring & Information Systems

- ▶ Further development of effective CBT training
- ▶ The collection of outcomes and information systems to continue to inform service development

Equality and Diversity

- ▶ Ensure better communication, understanding of cultural issues, and participation of users and carers from BME communities to ensure appropriate access to services.

Be able to respond to the increasing need coming from children and families of economic migrants.

User Involvement

- ▶ Make participation an underlying principle for all CAMHS activity

Choice

- ▶ Expand the virtual pooling of budgets to enable flexible commissioning

Transitional arrangements

- ▶ Work more closely with local groups providing services for refugees, asylum seekers, people who are homeless and travellers.
- ▶ Determine the local demand for services to meet the needs of young people presenting as homeless

24 hour cover

- ▶ Train non-specialist front-line staff who work out of hours, in addition to the training available to staff who work more traditional hours.



This information can be provided in your own language.

我們也用您們的語言提供這個信息 (Cantonese)

এই তথ্য আপনার নিজের ভাষায় দেয়া যেতে পারে। (Bengali)

Ta informacja może być dostarczona w twoim własnym języku. (Polish)

Bu bilgiyi kendi dilinizde almanız mümkündür. (Turkish)

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